



"Share Gohan"- provide food support homemade lunch boxes

In Yokohama City, the "Study Group on New Food and Agriculture in Yokohama" (hereinafter referred to as the "Study Group on Food and Agriculture") has been held to think about the regional recycling-based economy, and the International Cultural Communication Laboratory also participated in the study group the other day. This is because one of our food bank activities is to provide food support for the "Share Gohan" (boxed lunch distribution), which is a practical activity of the "Study Group on Food and Agriculture". The leader of "Share Rice" is Chef Ueki, owner of Naturale Buono, an Italian restaurant near Fujigaoka Station in Aoba-ku, Yokohama City, which distributes homemade lunch boxes to single-parent families.

The "Food and Agriculture Study Group" consists of restaurant owners like Mr. Ueki's, local businesses, professors from Yokohama National University and Tokyo Institute of Technology, volunteer farmers, welfare organizations, Yokohama City officials, and city council members.



The main purpose of this group is to tackle issues in agriculture that are directly related to our daily food, effective utilization of food loss, and product development through cross-industrial cooperation. The International Cultural Exchange Research Association hopes to help with food support, effective use of lost vegetables, and food education activities, and will continue to strengthen our cooperation.

With the new Corona disaster showing no signs of abating, it is becoming increasingly difficult to look ahead a few years, but how can single-parent families raising children, for example, dream of their children becoming junior high school, high school, or college students a few years from now?

From the outside, we don't know if they have any problems, and there are not many places where we can consult with them about such problems in life, so I hope that we can use "food support" as an opportunity to help single-parent families.

